

To Start

Salt & Pepper Calamari[‡] £7.00 Fresh sliced chillies, chive and aioli dip

Hummus and Baked Ciabatta £6.00

Cooked, mashed chickpeas blended with tahini lemon juice and garlic, served with warm ciabatta Sweet and Sticky BBQ Chicken Wings £7.00

Royal Oak's own Steak & Thumper Ale Pie £15.00

Soup of the day V £5.50 Served with baked ciabatta & butter

GF option available with GF bread

Prawn Cocktail £7.00

Creamy Marie rose sauce, with bread & butter

GF option with GF bread

Homemade Pie served with buttery mash, seasonal greens & gravy

Fish & Chips £16.50

Beer battered Haddock, chunky chips, homemade tartare sauce, mushy peas or garden peas

Whitby Scampi[‡] £16.00

Served with Chunky chips, homemade tartare sauce, mushy peas or garden peas

Adams

Hunters Chicken[‡] £15.00

Grilled chicken breast, smoky BBQ sauce, crispy bacon, cheddar cheese, chunky chips & side salad GF swap chips for a crispy salad

Cumberland Sausage and Mash £15.50

Local Cumberland sausage swirl set on creamed mash with rich pan gravy GF option, V option

Cumbrian Lamb Henry £20.00

Slow braised set on mash with a red wine mint and rosemary jus

Mediterranean Lasagna V £15.00

Served with a dressed side salad, garlic ciabatta

Butternut Squash Curry VE £15.00

Roasted butternut squash, masala sauce, long grain rice, flatbread and mango chutney

From the Grill

10oz Ribeye Steak[‡] £28.00

Large vine tomato, grilled flat cap mushroom, onion rings, salad & chips. Add peppercorn sauce for £2.50 GF option change the chips for a crispy salad

D-Cut 10oz Gammon £17.00

Served with a choice of egg or pineapple, garden peas and hand cut chips

Royal Oak Black & Blue Burger £16.00

6oz local minced steak Pattie with stilton cheese, homemade relish served with onion rings chips and coleslaw GF option served on GF bun with side salad

Cajun Chicken Burger[‡] £16.00

Grilled Cajun chicken breast and pineapple with lime mayo, served with chips & coleslaw GF option served on GF Bun with side salad

Halloumi Burger[‡] V £14.50

Grilled Halloumi with pineapple ring, on a sough dough bun, pickles and relish served with chips, and coleslaw GF option served on GF bun with side salad

Plant Based Burger VE £14.50

Plant based burger with pickles and relish served with fries and side salad

Sides

Chunky Chips[‡] £4.00 Fries[‡] £3.00 House Salad £4.00 Garlic Ciabatta £3.50 Onion Rings[‡] £4.00 Coleslaw £3.50

Cheesy Garlic Ciabatta £3.50

ASCENTS.

Rich Chocolate Torte & Sorbet VE £6.50 Sticky Toffee Pudding & Ice Cream V £6.50

Seasonal Crumble with Custard V £6.50

Ice Cream £3.50

Allergen advice: due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a 'free from' claim. Our allergen information only states allergens if they are an ingredient of our product. We do not include may contain information. Our menu descriptions do not include all ingredients. As we use other food containing gluten in our kitchens, we can not declare any of our dishes are gluten or wheat free. ‡ Please ask if we have a dedicated NGCI frier. Please ask a member of staff if you have any dietary requirements.